So you've decided to make a move this summer. Are you ready to box up everything you own - all the possessions that mean "home" to you and your family - and ship them to another part of the country? It's no wonder that moving is ranked among life's most stressful events. However, with the proper planning and preparation, you can make your next move a smooth one. This calendar will serve as your "countdown" to moving day.

Civ	Wooks	Before	Vour	Movo	Out 1	Data
SIX.	vveeks	Before	Y OHE	VIOVE-	, , , , , , , , , , , , , , , ,	DATE

	Take an objective look at what you own, and decide what must go and what can be left behind. Books you've read and will never read again? Records you haven't listened to since college? The pan with a broken handle or the children's long- neglected games? Extra weight costs more money.
	Contact moving companies to get estimates. Pay attention to cost, but also ask them what they'll do to make your move as smooth as possible.
	If you have a lot of things worth selling, you may want to organize a garage sale.
	Get an estimate from your mover on the cost of letting the company professionally pack all or some of your belongings. The time and effort you save may be worth the cost. While the mover is liable for breakage to any items it packs, you're responsible for damage to improperly packed items that you have boxed yourself.
	If you've decided to let your mover pack for you, begin separating what you plan to sell, give away, throw away and keep.
	Contact the Chamber of Commerce or Visitors Bureau of your new town to request information on schools, parks and recreation, community calendars, and maps
	Start a central file for all of the details on your move. It's a good idea to buy a brightly colored organizer folder with pockets - you'll be less likely to misplace it. Make sure to collect receipts for moving-related expenses. Depending on your reason for moving, you may be entitled to a tax deduction.
	Create a floor plan of your new home, and begin thinking about where you'll want to place furniture. Advance planning eases the stress of making major decisions when your furniture arrives at your new home. Mark and label specific pieces of furniture on your diagram, and put it in your moving folder.
Five `	Weeks Before Your Move-Out Date
	Select your mover, and meet to discuss dates and costs.
	Decide now whether you want to pack yourself or hire your mover to do this task. Self-packing can save money. Hiring a mover helps ensure a professional packing job, minimizes breakage and saves you considerable time.
	If you've decided to pack yourself, you'll need to begin gathering boxes. Your mover can provide boxes most suited for moving, including special-purpose containers for items like clothing on hangers and lamp shades.

Four Weeks Before Your Move-Out Date

	Notify the post office, magazines, credit card companies and friends and family of your change of address. The U. S. Postal Service offers a kit to make this process easier.
	Contact utilities (gas, water, electricity, telephone, cable TV) to schedule disconnection of services on the day following your move. You'll want to have utilities on while you're still in the house. Call the utilities in your new town to arrange for service to start the day before your move so that you have service when you arrive at your new home. If you are planning to move major appliances, talk with your mover to schedule disconnection and servicing a few days before you move. And don't forget to arrange for an expert, if necessary, to install fixtures upon their arrival at your new home.
	Complete any repair work on your old home, and arrange for any critical services needed at your new home.
	If packing yourself, start packing seldom-used articles like fancy dishes and glasses, specialty cookware, non-essential clothing, curios, art, photos, and decorative items.
	As you pack, remember to keep each box light enough to be handled by any of the members of your family - not just the strongest person. Heavier items go in smaller boxes, lighter items in larger boxes.
	If you are planning a garage sale, pick a date at least a week before the move, and advertise it locally. Think about teaming up with neighbors who want to sell some of their old belongings, and plan a neighborhood "super sale."
Three	e Weeks Before Your Move-Out Date
	Take inventory of your everyday household goods, such as radios, pots and pans and small appliances. Decide which items you will discard or put in storage.
	Self-packers: start your serious packing. Label the contents of all boxes, and pack carefully.
	As best you can, box essential items together, and write "Open First/Load Last" on these boxes. When you move into your new home, you'll be able to easily identify these boxes and get to important items like pots, dishes, silverware, alarm clocks, bedding, pillows, towels, cherished toys and essential items for babies or children.
	Make sure you have your driver's license, auto registration and insurance records.
	Contact your doctors, dentist and veterinarian to receive copies of medical records.
	Pack phone books from your old town to make staying in touch with old friends easier.
	Make personal travel arrangements (flights, hotel, rental cars) for your trip.
	Plan your food purchases to have as little as possible in the freezer or refrigerator by the time you move. Use up all frozen items, and buy only what you'll eat in the next three weeks, because you can't ship them.

		n to clean it yourself as close to move-in as possible. upied by this time, make sure the cleaning is thorough and ally blocked by furniture or appliances.				
	Contact your children's schools, and arradistrict.	ange for records to be forwarded to your new school				
	☐ Make new bank safety deposit box arrar safely transfer items from your old safe	ngements in your new hometown. Make arrangements to deposit box to your new one.				
	☐ Hold a garage sale now.					
Two	o Weeks Before Your Move-Out Da	ate				
	home.	cancel current coverage or transfer coverage to your new				
_	■ Make arrangements for transporting you them in the van.	or pets and any house plants, because movers can't take				
	Meet with your bank to change account					
	Transfer all current prescriptions to a dr	ug store in your new town. wspapers. Consider starting a subscription to the				
	newspaper in your new town to introduc					
	☐ Have your automobile serviced if you're					
	Be sure to empty secret hiding places to	remove valuables and spare house keys.				
One	e Week Before Your Move-Out Da	te				
	☐ Mow your lawn for the last time.					
		Dispose of toxic or flammable items that can't be moved. Drain the gas and oil from gas-powered tools such as lawn mowers and snow blowers; movers will not take them if full.				
	Double check to make sure arrangement appliances being moved.	ts have been made to disconnect and service your major				
	checkbook, cash or travelers checks, me paper, pet food, spare glasses or contact	hat should go in your car and not the moving van: your edications, essential toiletries, light bulbs, flashlight, toilet lenses, baby or child care items, toys and car games for g information. Here are the suggested items for your trip				
	- First Aid Kit	- Paper plates				
	- Canned Goods	- Plastic silverware				
	Can openerCooking Utensils	- Snacks - Bottled Water				
	- Soap	- Styrofoam cups				
	- Toilet Paper	- Towels				
	 Special items for children 	- Towels				

- Wash cloths

- Basic Tool Set

- Sufficient Cash - Checkbook - Credit Cards - Identification cards - Flashlight (check batteries) - Hammer - Keys to both old & new houses - Light bulbs ☐ If you have young children, arrange for a baby-sitter to watch them on moving day. Since you'll have your hands full, the extra attention from a sitter will distract the child's attention from the turmoil of a move. Also arrange for a baby-sitter to be available when you arrive at your new home with young children. ☐ Pack your own suitcase of clothes for the move. Put your "open first/load last" boxes in a separate place so the mover can identify them. Pay all outstanding bills. Be sure to indicate your new address on payment receipts. Remove any fixtures you are taking with you and replace (if specified in your home-selling contract), One to Two Days Before Your Move-Out Date ☐ The movers will arrive to start the packing process Empty and defrost your refrigerator and freezer, clean both with a disinfectant and let them air out. Put baking soda or charcoal inside to keep them fresh. Arrange for payment to the moving company. This payment must be made when your belongings arrive at your new home - before your belongings are unloaded. Find out your moving company's accepted methods of payment, terms, and its policy for inspecting your belongings when they arrive to determine if any breakage has occurred. Empty your safety deposit box. Plan to take important papers, jewelry, cherished family photos, irreplaceable mementos and vital computer files with you. Write directions to your new home for the van operator, provide the new phone number and include phone numbers where you can be reached in transit - either a car phone or friends, old neighbors, a place of business or relatives with whom you'll be in contact. You'll never be out of touch for long, should an emergency arise. Leave your forwarding address and phone number for your home's new occupants. ☐ If your old house will be sitting vacant, notify police and neighbors. On Your Move-Out Day ☐ Remove linens from the beds and pack in an "open first" box. ☐ When the movers arrive, review all details and paperwork. Accompany the van operator to take inventory. Verify delivery plans.

☐ If there is time, give the home a final cleaning, or arrange in advance for someone to perform this service the day after moving out.

On Your Move-In Day

If you arrive before the movers, take some time to tidy up your home (dusting shelves, etc.) so the movers can unpack items directly onto clean shelves. If you plan to line cupboards with shelving paper, this is a good time to do it.
Unpack your car.
Review your floor plan to refresh your memory about where you want furniture and appliances placed.
Check to make sure the utilities have been connected, and follow up on any delays.
Confine your pets to an out-of-the-way room to help keep them from running away or getting unduly agitated by all the activity. You might even consider boarding them overnight at a local kennel until you're settled.
Plan to be present when the moving van arrives. Be prepared to pay the mover before unloading.
One person should check the inventory sheets as items are unloaded. A second person should direct the movers on where to place items. Once all items are unloaded, unpack only what you need for the first day or two. Focus on creating a sense of home for your family. Give yourself at least two weeks to unpack and organize your belongings

